**SF-8 Health Survey (4-week Recall)**

**Question 1:** Overall, how would you rate your health during the past 4 weeks?

Category: none
1=Excellent
2=Very Good
3=Good
4=Fair
5=Poor
6=Very Poor

**Question 2:** During the past 4 weeks, how much did physical health problems limit your usual physical activities (such as walking or stairs)?

Category: none
1=Not at All
2=Very Little
3=Could Not Do Physical Activities
4=Somewhat
5=Quite a Lot

**Question 3:** During the past 4 weeks, how much difficulty did you have doing your daily work, both at home and away from home, because of your physical health?

Category: none
1=Not at All
2=A Little Bit
3=Could Not Do Daily Work
4=Some
5=Quite a Lot

**Question 4:** How much bodily pain have you had during the past 4 weeks?

Category: none
1=None
2=Very Mild
3=Mild
4=Moderate
5=Severe
6=Very Severe

**Question 5:** During the past 4 weeks, how much energy did you have?

Category: none
1=Very Much
2=Quite a Lot
3=Some
4=A Little
5=None
**Question 6:** During the past 4 weeks, how much did your physical health or emotional problems limit your usual social activities with family or friends?
Category: none
1=Not at All
2=Very Little
3=Could Not Do Social Activities
4=Somewhat
5=Quite a Lot

**Question 7:** During the past 4 weeks, how much have you been bothered by emotional problems (such as feeling anxious, depressed or irritable)?
Category: none
1=Not at All
2=Slightly
3=Moderately
4=Quite a Lot
5=Extremely

**Question 8:** During the past 4 weeks, how much did personal or emotional problems keep you from doing your usual work, school or other daily activities?
Category: none
1=Not at All
2=Very Little
3=Could Not Do Daily Activities
4=Somewhat
5=Quite a Lot