Medical Education Week Seminar Series

“Encouraging Self-Reflection in Medical Education”

By:

Louis Ritz, Ph.D.

Friday, April 24
Noon to 1pm
Communicore Building, Room C1-4
(Videoconferenced to Jacksonville/Deal Board Room)

Please email Susan @ ssorci@ufl.edu to RSVP.

Learning Objectives:

• Review concepts of self-reflection, from several perspectives, including cognitive and non-cognitive approaches
• Explore the role of self-reflection within the context of the mindful practice of medicine
• Discuss the value of mindfulness-based stress reduction (MBSR), of which self-reflection is a key component, for stress reduction; we anticipate offering an MSBR program to our medical students in the fall.

Highlights:
• CME Accredited
• Lunch Provided with RSVP

Accreditation
The University of Florida College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit
The University of Florida College of Medicine designates this educational activity for a maximum of _1_ AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: Dr. Ritz has stated that he has no relevant financial relationships to disclose regarding today’s presentation.

Questions or Comments? Contact Susan @ 273-7985